

The following advice has been written by four students at Brighton and Sussex University.

	102 KT	103 KT	104 KT	OSCE
Year 1	<p>Books: Anatomy and Physiology, Tortora. This module is about gaining a general understanding and can seem a bit tricky because there is no real common theme. The subsequent modules are much better organised.</p>	<p>Media: 1. Essential Anatomy app from 4oD medical! (its expensive but really worth and useful throughout the course. You can see structures in 3D and turn them, make them disappear or highlight them. Very realistic. 2. Dr Najeeb's videos, especially on the cardiac cycle and ECG. (They take a long time to watch but he repeats things so often that you won't forget it).</p>		<p>Practice with peers as much as you can. Especially examinations as these will come up for sure and are easy marks. Make sure you time yourself because in the real OSCE its so easy to run out of time.</p>

	202 KT	203 KT	204 KT	OSCE
Year 2	<p>Although you could pass this module without reading a book, most lectures are very difficult to understand on their own so it is advisable to do some reading outside the lectures. Book: Neuroscience: Exploring the Brain by Bear. Don't read the whole book but</p>	<p>Embryology is the most tricky concept in this module. Book: Langman's embryology.</p>	<p>This is where the essential Anatomy app from 4oD medical is most useful!</p>	<p>As in 1st year OSCE. Also, make sure you revise all examinations from 1st year as they will still come up. For neuro: practice the reflexes and fundoscopy as much as you can. Practice history taking under time pressure.</p>

	<p>whenever you don't understand a concept. Try and understand things rather than just learning them off by heart.</p> <p>Media: Dr Najeeb, basal ganglia.</p> <p>Clinical: Know the cranial nerves inside out.</p>			
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	Medicine KT	Surgery KT	Obs/Gys KT	Paeds KT	OSCE
Year 3	<p>Books: there are two really good book series</p> <ol style="list-style-type: none"> 1. Core clinical cases 2. Clinical cases uncovered <p>Make sure you read the learning outcomes in the back of the logbook and learn as many as possible, even if they may not seem that relevant.</p> <p>Generally, try and start with the patient's symptoms and then read about possible differentials and investigations rather than just reading about different diseases. Medicine at a glance (for medicine) and BMJ best practice are useful for this purpose.</p> <p>Also, being on the wards also helps with KTs!</p>				<p>Be on the wards and practice history taking and examination with real patients. If you can't find a doctor to present your history to, it is also useful to present it to a fellow student. After taking a history, think about a possible cause to the symptoms and some differentials and what investigations you would need to perform. Then go to the patients notes and look at the admission clerking sheet and note which questions you forgot to ask and the</p>

		<p>differentials that the admitting doctor noted down.</p> <p>Also practice with peers in timed condition where the other student fills out the mark sheet.</p> <p>Data interpretation: The unofficial guide to OSCEs – data interpretation book. Look at the CXRs and blood results of the patients you have seen on the ward.</p>
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	102 KT	103 KT	104 KT	OSCE
Year 1	BSMS lecture slides Gray's Anatomy Book + flash cards	BSMS lecture slides Gray's Anatomy Book + flash cards	BSMS lecture slides Gray's Anatomy Book + flash cards	BSMS clinical skills videos

	202 KT	203 KT	204 KT	OSCE
Year 2	BSMS lecture slides Gray's Anatomy Book + flash cards	BSMS lecture slides Gray's Anatomy Book + flash cards	BSMS lecture slides Gray's Anatomy Book + flash cards	BSMS clinical skills videos

	Medicine KT	Surgery KT	Obs/Gys KT	Paeds KT	OSCE
Year 3	Oxford handbook of clinical medicine	Essential surgery	Oxford handbook of obstetrics and gynaecology	Illustrated textbook of paediatrics	ECG made easy OSCEs for medical students, Vol 1-3 (pastest) OSCEs for final year medical students (masterpass) The unofficial guide to passing OSCEs

	403 KT	IRP (General advice)	
Year 4	Oxford handbook of general practice BSMS GP lectures		Lecture Notes series for: ENT Ophthalmology Orthopaedic Surgery Oncology Essential Haematology Crash Course Rheumatology BAD book for dermatology (provided by BSMS)

	KT/OSCE	OSCEs	Web resources:
Year 5	Obstetrics and Gynaecology (Impey & Child) Surgical Talk Psychiatry PRN Crash Course Medicine Kumar and Clark	Essential Examination (Ruthven) Clinical Skills (Tsang) Ace the OSCE The easy guide to OSCEs for specialties [Masterpass]	ALS guidelines for brady Geeky medics Almost a doctor Life in the fast lane (ECGs) On Examination* (online question bank)

	<p>Pocket Prescriber</p> <p>The black book: trust guidelines on acute medical conditions</p>		<p>Pastest* (online question bank)</p> <p>*=you have to pay for these</p>
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	102 KT	103 KT	104 KT	OSCE
Year 1	<p>Molecular cell biology.</p> <p>Barron's Colour-in Anatomy flashcards</p>	<p>Learn how to draw and interpret lung graphs. Very easy to examine.</p> <p>Make your own flashcards to revise pharmacology.</p> <p>Lots of cardiac physiology in the exam.</p>	<p>Practice drawing out liver pathways so you can apply them in the exam.</p> <p>Do not forget to revise content covered in living anatomy sessions as they are still examinable.</p> <p>Exam had lots of pathology and anatomy.</p>	<p>Familiarise yourself with the examinations.</p> <p>Use SOCRATES as the basis of your history taking.</p> <p>Time your practice sessions to ensure you can complete the task in under 5 minutes.</p>

	202 KT	203 KT	204 KT	OSCE
Year 2	<p>Anatomy colouring book</p> <p>Dr Najeeb Youtube videos on basal ganglia</p> <p>Learn the types of drugs in clusters as there were over 100 named drugs.</p>	<p>Embryology at a glance.</p> <p>Draw out the embryological stages of development such as the face formation and gut rotation.</p> <p>Make sure you can apply the endocrinological pathways, as they are the foundation of many questions.</p>	<p>Anatomy colouring book</p> <p>Grey's anatomy more detail than needed for the exam.</p> <p>Try to learn musculoskeletal anatomy really well for the vivas so you can focus on immunology when it comes to revision time.</p> <p>Immunology YouTube videos by Armando Hasudungan.</p> <p>If possible, write your reflective essays over the Easter holidays so you can</p>	<p>Practice taking specific histories and examinations from other students, including sexual histories. Use a timer to keep track.</p> <p>Think of a few difficult patient scenarios (similar to the 201 actor sessions).</p> <p>Use the videos on Student central to practice using the mental state exam.</p> <p>General review over the key clinical subjects</p>

			focus on the other assessments in the term.	of modules 103,104 and 202-4 to help prepare for integrated stations.
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	102 KT	103 KT	104 KT	OSCE
Year 1	<p>Books:</p> <ul style="list-style-type: none"> • Grays Anatomy for Students – Drake 2014 • Guyton and Hall Textbook of Medical Physiology – Guyton and Hall 2010 • Psychology for Medicine- Ayers and De Visser 2010 • Essential Cell Biology – Alberts 2013 • Mims Medical Microbiology – Goering 2012 <p>Media:</p> <ul style="list-style-type: none"> • Acland’s Anatomy • Anatomy Videos from Medline Plus Website <p>Good understanding of physiology in this module will definitely make the learning for the next module easier.</p>			